

WORLD CHANGERS

Pick Your Distance, Pick Your Charity, Help Change The World!



Runners changing the world one step at a time. We're putting together a team of people who will participate in the Shamrock Race in Virginia Beach, March 20 & 21, 2010. You can choose your distance, choose your charity, and get involved in changing the world.

CHOOSE YOUR DISTANCE FOR THE SHAMROCK: (please check one)

- 8K
- 1/2 Marathon (if already registered)
- Full Marathon

CHOOSE YOUR CHARITY: (please check one)

- AidNow.org (bringing clean water to 600+ homes in remote areas of Vietnam)
- People In Need (helping end homelessness in Hampton Roads, VA)
- Istera (aimed at stopping all human trafficking in Thailand)
- Physicians For Peace (bringing aid and relief for those who need medical help in Haiti)

CONTACT INFORMATION: (please complete all fields)

Name: _____ Phone: _____

Email: _____

Address: _____

Please contact Patti Bright-Watkins or Jane Meekings once you've completed this form:

Patti Bright-Watkins, Phone: 757-319-2104 or Email: crnaruns@aol.com

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aidnow.org



Physicians For Peace - Haiti